

NGCI* MENU

The products on this menu have ***no gluten containing items***. However, items may be in contact with gluten, so **cross-contamination may occur**. The restaurant cannot guarantee any allergen free dishes.

Please speak to a manager if you have **severe allergies**.

ASK YOUR SERVER FOR FULL **ALLERGEN INFORMATION**

NIBBLES & SMALL PLATES

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| Traditional Houmous (ve) topped with paprika, served with hand-cut vegetables or gluten free bread | 4.95 |
| Soup of the Day (v) with gluten-free bread | 4.25 |
| Hot Buffalo Chicken Wings served with sour cream | 6.95 |
| Tandoori Chicken Skewers with leaves & mint yogurt, served with mango chutney | 6.95 |

BURGERS

All in a gluten-free bun, served with mash or salad

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| Halloumi (v) grilled halloumi, crushed avo, lettuce, tomato, salsa dressing | 10.95 |
| Classic lettuce, tomato, mayo dressed with finely diced tomato & gherkin | 10.95 |
| Peri Peri Chicken & Avo Burger lettuce, tomato, mild peri marinated chicken breast, garlic aioli topped with freshly crushed avo | 11.95 |
| Beyond Burger (v) Add vegan cheese 1.50 the world's first plant-based burger that looks, cooks and satisfies like beef without GMOs, soy or gluten | 11.95 |
| Add cheese, egg or bacon | 1.50 |

SIDES & UPGRADES (v)

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|-----------------|------|----------------------|------|
| House Salad | 3.25 | Homemade Coleslaw | 2.95 |
| Buttered Greens | 3.50 | Creamy Mashed Potato | 3.50 |

BRUNCH & LUNCH 12 til 4pm everyday

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| Smashed Avo (v) served on GF bun with poached egg, rocket & chilli flakes. Add: halloumi – £2, streaky bacon – £2, egg – £1 | 6.50 |
| Full English bacon, mushroom, grilled plum tomatoes, two poached eggs, baked beans with GF toast | 7.95 |
| Halloumi Breakfast (v) poached egg, mushrooms, grilled tomato, sliced avocado, baked beans, GF toast | 7.95 |
| Grilled Halloumi & Houmous Sandwich (v) halloumi, houmous, lettuce and tomato, topped with avo on a GF muffin | 6.95 |

LARGE PLATES

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| Superfood Buddha Bowl (v, ve without feta) quinoa dressed with mint & fresh lemon, cucumber, walnuts, raisin, roasted butternut squash topped with seeds, pomegranate & feta | 10.95 |
| Sunset Buddha Bowl (v) bed of leaves & rocket, sweet red onions, pine nuts, golden beetroot topped with grilled goat's cheese on gluten-free bread, balsamic vinegar and pumpkin seeds | 9.95 |
| Add to your Buddha bowl Poached salmon fillet, Two tandoori chicken skewers, Grilled halloumi | 3.00 |
| Shepherd's Pie with locally sourced lamb, served with pickled cabbage | 11.95 |
| Malaysian Curry spicy! (ve) butternut squash, crispy tofu, aubergine, peppers topped with crushed cashew nuts, served with fragrant rice | 10.95 |
| Slow Roasted Beef glazed carrots, dauphinoise potatoes served with its own mushroom & bacon jus | 16.95 |

FROM THE GRILL

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| Steak sirloin cooked to your liking served with mash or salad | 15.95 |
| Gammon with egg, homemade pineapple chilli jam with mash or salad | 10.95 |

DESSERTS

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| Vanilla Panacotta with black forest compote | 5.95 |
| Honeycomb Sundae vanilla & honeycomb ice cream, chocolate sauce, topped with whipped cream & hand-made 'Crunchie' | 5.95 |
| Vegan Ice Cream choose from vanilla, strawberry or chocolate | 1.50 per scoop |

GLUTEN FREE BEER

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|--|------------------|
| Brightside Helles (4.8%) | 2.25/4.50 |
| Brightside Maverick IPA (4.8%) | 2.25/4.50 |
| Estrella Daura Damm (5.4% 330ml bottle) | 4.30 |

(v) vegetarian
(ve) vegan

Please ask your server for allergen information. Due to the hand-crafted nature of menu items, the variety of procedures used in our kitchen & our reliance on suppliers, we cannot guarantee that our food will not contain traces of allergens.

Automatic